

I can identify different types of fruit.
 I can use measuring cups
 I can use a blender

1	1 bowl	
2	Add $\frac{1}{4}$ cup Frozen Fruit 	
3	 $\frac{1}{4}$ cup chopped apple/bannana	
4	 $\frac{1}{4}$ cup Tinned Fruit	
5	 $\frac{1}{4}$ cup Water	
6	Blend to make smoothie	